

**GLOBAL INDIAN INTERNATIONAL SCHOOL,  
JODHPUR SESSION 2025-26  
CLASS-XI HOME SCIENCE SYLLABUS**

<p><b><u>HOME SCIENCE</u></b> <b><u>UNIT TEST-I</u></b> Ch- 1 Introduction to Home Science Ch- 2 Understanding oneself: Adolescence</p> <p><b><u>HALF YEARLY ASSESSMENT</u></b> Ch-3 Food, Nutrition, Health and Fitness Ch-4 Management of Resources Ch-5 Fabric Around Us Ch-6 Media Communication Technology</p> <p><b><u>UNIT TEST-II</u></b> Ch-7 Concerns and Needs in Diverse Contexts Ch-8 Survival Growth and Development</p>	<p><b><u>ANNUAL ASSESSMENT</u></b> Ch- 1 Introduction to Home Science Ch- 2 Understanding Oneself: Adolescence Ch-3 Food, Nutrition, Health and Fitness Ch-4 Management of Resources Ch-5 Fabric Around Us Ch-6 Media Communication Technology Ch-7 Concerns and Needs in Diverse Contexts Ch-8 Survival Growth and Development Ch-9 Nutrition, Health and Well-Being Ch-10 Our Apparel Ch-11 Health and Wellness Ch-12 Financial Management and Planning Ch-13 Care and Maintenance of Fabrics</p>