

<u>UNIT TEST – I</u>	<u>PRE-BOARD ASSESSMENT</u>
<p>Unit 1- Management of Sporting Events</p> <p>Unit 2 - Children and Women in Sports</p> <p>Unit 3 - Yoga as Preventive measure for Lifestyle Disease</p> <p>Unit 4- Physical Education & Sports for (CWSN)</p>	<p>Unit 1- Management of Sporting Events</p> <p>Unit 2 - Children and Women in Sports</p> <p>Unit 3 - Yoga as Preventive measure for Lifestyle Disease</p> <p>Unit 4- Physical Education & Sports for (CWSN)</p> <p>UNIT 5 Sports & Nutrition</p> <p>UNIT 6 Test and Measurement in Sports</p> <p>UNIT 7 Psychology and Sports</p> <p>Unit 8 Biomechanics and Sports</p> <p>UNIT 9 Psychology and Sports</p> <p>UNIT 10 Training in Sports</p>
<u>HALF-YEARLY ASSESSMENT</u>	
<p>Unit 1- Management of Sporting Events</p> <p>Unit 2 - Children and Women in Sports</p> <p>Unit 3 - Yoga as Preventive measure for Lifestyle Disease</p> <p>Unit 4- Physical Education & Sports for (CWSN)</p> <p>UNIT 5 Sports & Nutrition</p> <p>UNIT 6 Test and Measurement in Sports</p>	